

Swiss TPH



Swiss Tropical and Public Health Institute  
Schweizerisches Tropen- und Public Health-Institut  
Institut Tropical et de Santé Publique Suisse

Associated Institute of the University of Basel

Online course

# Travel health for expatriates and their families

## What to consider before and during a stay abroad?

2 May – 30 September 2022, Swiss Tropical and Public Health Institute, Allschwil/Switzerland



## Course Description

Based on the long-standing experience of the Swiss Tropical and Public Health Institute's travel clinic in providing pre-travel health advice and vaccination consultations, the course provides an overview of health-related issues expatriates and their families may face during their stay abroad. The goal of the course is to equip participants with all necessary background information on preventive measures to be considered before leaving their home country and to provide them with the basic knowledge on how to deal with the most relevant and frequent health issues possibly arising during their stay abroad.

## Course Content

The course will be organized in three thematic blocks:

1<sup>st</sup> Thematic block:

- Preparatory issues: General aspects related to the health of expatriates and their families
- Travel vaccinations and the most important vaccine preventable travel-associated diseases (rabies, yellow fever, etc.)

2<sup>nd</sup> Thematic block:

- Essential knowledge on malaria and arboviral infections (dengue, chikungunya, zika, etc.)
- Information on prevention measures (malaria chemoprophylaxis, insect bite avoidance, etc.), including how to handle a rapid diagnostic test for malaria

3<sup>rd</sup> Thematic block:

- Travelers' diarrhea: risks, prevention and when to seek diagnostic and treatment
- Typical tropical skin infections and sun protection basics
- First aid kits and rescue medication
- Emerging health issues and outbreaks (incl. COVID)

## Course language:

English

## Place and format

About ten recorded lectures will be accessible online via the Swiss TPH course platform between May and September and can be watched at an individual pace. Course materials and necessary information will also be provided via the Swiss TPH course platform. Experts will be available for two interactive Q&A session via Zoom in July and September (see dates below).

## Course Dates

Online course: accessible from 2. Mai - 30 Sept. 2022.

Zoom meeting: Friday 1 July 2022, 1-2 p.m. CET

Friday 23 September 2022, 9 a.m. CET

## Course Fees

CHF 350.- including documentation (pdf files) for the course

Deadline for registration is 17 April 2022. Later registrations can, however, still be considered until 1 September 2022.

Fees must be paid before the start of course (except for EDA staff and family members).

## Organization and Coordination

PD Dr. med. Andreas Neumayr (Chief Medical Officer Medical Services)

PD Dr. med. Esther Künzli (Senior Consultant Medical Services)

Swiss Tropical and Public Health Institute, Allschwil/Switzerland

## Online application

<https://www.swisstph.ch/en/study-with-us/postgraduate/future-expatriates/>

## Information

Swiss Tropical and Public Health Institute

Department of Education & Training, Professional Postgraduate Training

Course Sekretariate: Tel: +41 61 284 83 61, E-Mail: [courses@swisstph.ch](mailto:courses@swisstph.ch)