

Swiss TPH



Swiss Tropical and Public Health Institute  
Schweizerisches Tropen- und Public Health-Institut  
Institut Tropical et de Santé Publique Suisse

Associated Institute of the University of Basel

# Travel health for expatriates and their families

## What to consider before and during a stay abroad?



## **Course Description**

Based on the long-standing experience of the Swiss Tropical and Public Health Institute's travel clinic in providing pre-travel health advice and vaccination consultations, the course provides an overview of health-related issues expatriates and their families may face during their stay abroad. The goal of the course is to equip participants with all necessary background information on preventive measures to be considered before leaving their home country and to provide them with the basic knowledge on how to deal with the most relevant and frequent health issues possibly arising during their stay abroad.

## **Course Content**

The course will be organized in three thematic blocks:

### **1<sup>st</sup> Thematic block:**

- Preparatory issues: General aspects related to the health of expatriates and their families
- Travel vaccinations and the most important vaccine preventable travel-associated diseases (rabies, yellow fever, etc.)

### **2<sup>nd</sup> Thematic block:**

- Essential knowledge on malaria and arboviral infections (dengue, chikungunya, zika, etc.)
- Information on prevention measures (malaria chemoprophylaxis, insect bite avoidance, etc.), including how to handle a rapid diagnostic test for malaria

### **3<sup>rd</sup> Thematic block:**

- Travelers' diarrhea: risks, prevention and when to seek diagnostic and treatment
- Typical tropical skin infections and sun protection basics
- First aid kits and rescue medication
- Emerging health issues and outbreaks (incl. COVID)

## **Course language:**

English

## **Place and format**

Three recorded lectures will be accessible online via the Swiss TPH course platform during the time period of two months and can be completed at an individual pace. Course materials and necessary information will also be provided via the Swiss TPH course platform. Written questions can be asked during this time in a moderated forum for exchange and feedback. Experts will be available for an interactive Q&A session via Zoom at the end of the two months period.

## **Course Dates**

Online course: accessible from 1 October 2021 – 30 November 2021;

Zoom meeting: Friday 26 November 2021, 1-2 p.m. CET.

## **Course Fees**

CHF 350.- including documentation (pdf files) for the course

Deadline for registration is 24 September 2021. Later registrations can, however, still be considered.

Fees must be paid before the start of course (except for EDA staff and family members).

## **Organization and Coordination**

Dr. med. Andreas Neumayr (Chief Medical Officer Medical Services)

Dr. med. Esther Künzli (Senior Consultant Medical Services)

Swiss Tropical and Public Health Institute, Basel

**Online application**

<https://www.swisstph.ch/en/study-with-us/postgraduate/future-expatriates/>

**Information**

Swiss Tropical and Public Health Institute

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