

Swiss TPH



Swiss Tropical and Public Health Institute  
Schweizerisches Tropen- und Public Health-Institut  
Institut Tropical et de Santé Publique Suisse

Associated Institute of the University of Basel

# Travel health for expatriates and their families

## What to consider before and during a stay abroad?



## Course Description

The course provides an overview of health-related issues expatriates and their families may face during their stay abroad. The goal of the course is to equip participants with all necessary background information on preventive measures to be considered before leaving their home country and to provide them with the basic knowledge on how to deal with the most relevant and frequent health issues possibly arising during their stay abroad.

## Course Content

- General aspects related to the health of expatriates and their families
- Field experience reported by former expatriates
- Preparatory issues: travel vaccinations, malaria chemoprophylaxis, insect bite avoidance, etc.
- Essential knowledge on malaria and arboviral infections (dengue, chikungunya, zika, etc.) and how to use malaria rapid diagnostic tests
- Diarrhoea: risk, prevention and when to seek diagnostic and treatment
- Skin: typical tropical skin infections and sun protection basics
- First aid kit and rescue medication
- Emerging health issues/outbreaks

## Organization and Coordination

Dr. med. Andreas Neumayr (Chief Medical Officer Medical Services)

Dr. med. Esther Künzli (Senior Consultant Medical Services)

Swiss Tropical and Public Health Institute, Basel

## Place and format

Online via the Swiss TPH course platform. Course materials and necessary information provided via the Swiss TPH course platform. Participants may access the platform during the course block, including a moderated forum for exchange and feedback. Expert presentations with Q&A and participant exchange offered in Zoom meetings at fixed times during the course period.

Three thematic blocks covering main topics:

- 1) Vector-borne diseases and their prevention including how to handle a rapid diagnostic test for malaria
- 2) Necessary vaccinations
- 3) Travellers' diarrhoea, skin infections, sun protection and first aid kits

## Course Dates

Online course starting from 1 October 2021

## Course Fees

CHF 350.- including documentation (pdf files) for the course

Fees must be paid 2 weeks before the start of course. If cancellation is less than 2 weeks before the beginning of the course, an additional fee of CHF 70.- will be charged.

## Online application

<https://www.swisstph.ch/en/study-with-us/postgraduate/future-expatriates/>

## Information

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