# Health system quality: findings and next steps from the Lancet Commission

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## Definition of high quality health systems



Health systems are for people. A high quality health system optimizes health in a given context by

- consistently delivering care that improves or maintains health,
- being valued and trusted by all people,
- responding to changing population needs.





#### HIGH QUALITY HEALTH SYSTEM FRAMEWORK

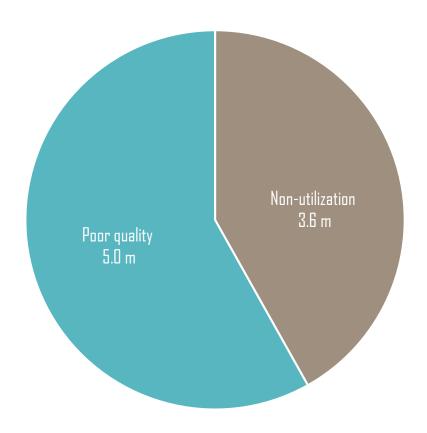
FOR PEOPLE ———— QUALITY IMPACTS PROCESSES OF CARE **BETTER** COMPETENT **HEALTH CARE & SYSTEMS** CONFIDENCE **ECONOMIC POSITIVE USER IN SYSTEM BENEFIT EXPERIENCE** LEARNING / IMPROVEMENT **FOUNDATIONS PLATFORMS** TOOLS POPULATION GOVERNANCE WORKFORCE accessibility and health needs & policy, insurance, numbers, skill, equipment, organization of non-health sectors expectations medicines, data support care

----- RESILIENT -



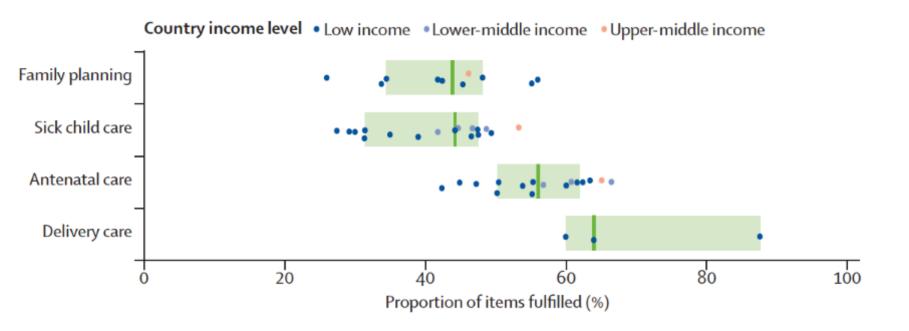
**EFFICIENT** 

Of 8.6 million deaths from treatable conditions in low-income and middle-income countries: 60% are due to poor quality among people using care



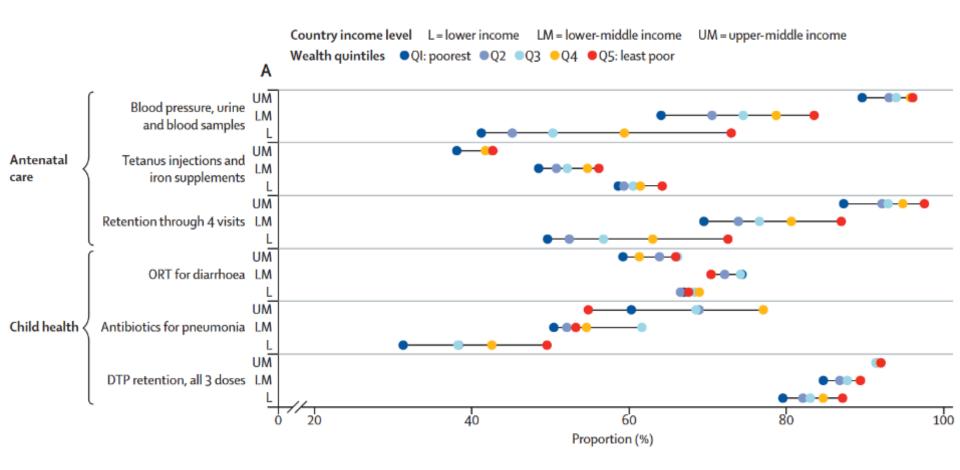


## Health providers perform 1/2 of basic clinical actions for common conditions



**Kruk ME**, Gage AD, Arsenault C. et al. High quality health systems—time for a revolution. Report of the Lancet Global Health Commission on High Quality Health Systems. Lancet Global Health. 2018;6(11):e1196-e252.

## Poor quality for the poor



**Kruk ME**, Gage AD, Arsenault C. et al. High quality health systems—time for a revolution. Report of the Lancet Global Health Commission on High Quality Health Systems. Lancet Global Health. 2018;6(11):e1196-e252.

# Approximately 1/3 of patients experience disrespectful care, short consultations, poor communication or long wait times

Respect

Communication

Time spent

Wait time

Never experienced lack of attention or respect from public facility staff (AFRO)

Rated respect at last outpatient visit as good or better (HQSS)

Regular GP explains things in a way that is easy to understand (IDB, CWF)

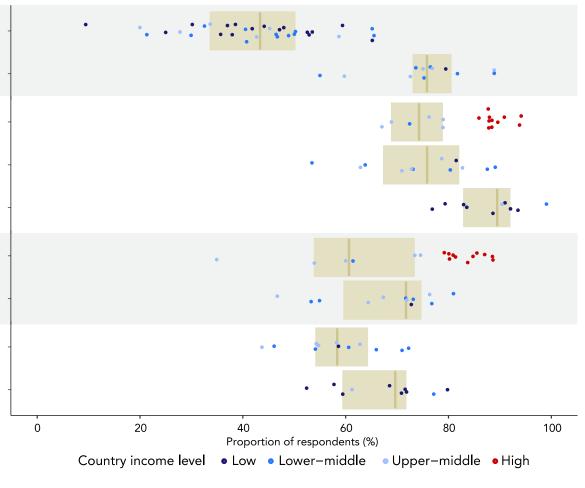
Rated how the provider listened at last outpatient visit as good or better (HQSS)

Did not have a problem with the amount of explanation received during this visit (SPA)

Regular GP spends enough time with you (IDB, CWF) Rated how much time the provider spent with patient at last outpatient visit as good or better (HQSS)

Rated wait time at last outpatient visit as good or better (HQSS)

Did not have a problem with the wait time at this visit (SPA)





## Competent systems?

Safety: 6 surgical site infections for every 100 operations vs. 0.9 per 100 in US



Prevention: 36% of women in 9 countries in Latin America received pap smear

Continuity: 1 in 5 people on ART stop treatment within one year



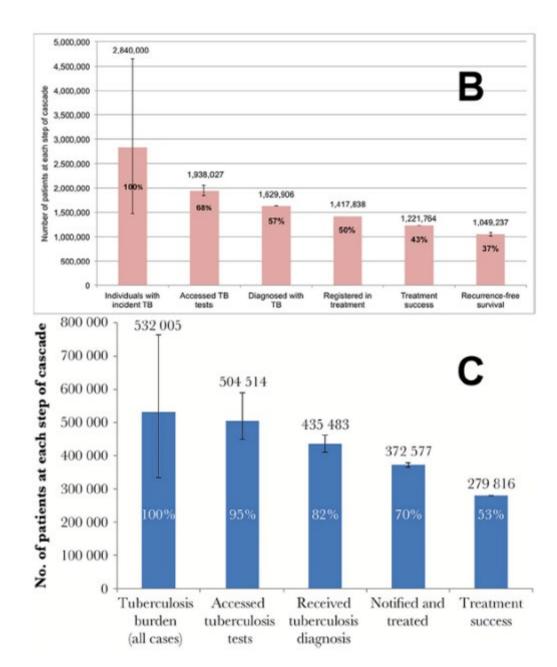
Timely action: <50% of women had postpartum check within 1 hour; 11.7 days from admission to surgery for femur fracture vs. 0.6 in US

Population health management: <1/2 adults over 40 in 6 countries in Latin America had BP checked in past year



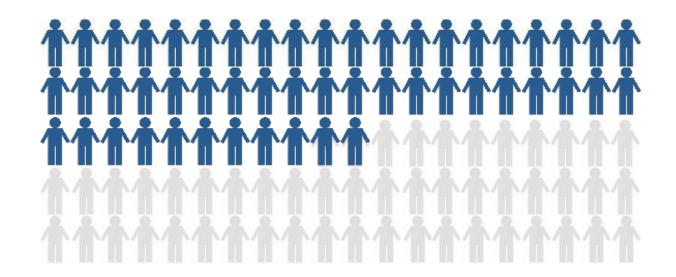


Care cascades as system competence measures: TB cascades in India and South Africa





"If you or your child is very sick tomorrow, can you get the health care you need?"





**QuEST** 

Svoronos T, Macauley RJ, Kruk ME. Can the health system deliver? Determinants of rural Liberians' confidence in health care. *Health Policy Plan.* Jul 27 2014.

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# Fewer than 1 in 4 people believe their health system works well





## Measure what matters, when it matters

#### Functions not inputs

- Real time registries of health system assets, health needs
- Health system competence not buildings, provider competence not numbers

#### Performance in normal and crisis times

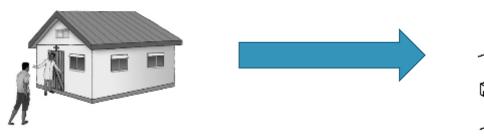
- Health system quality dashboards shared with people
- Service provision, quality, mortality for index AND routine needs during crisis

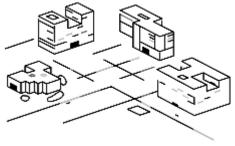
#### People's voice and values

- User experience, confidence, endorsement
- Function (not presence) of feedback channels



## Move beyond micro-level fixes





#### Micro (point-of-care)

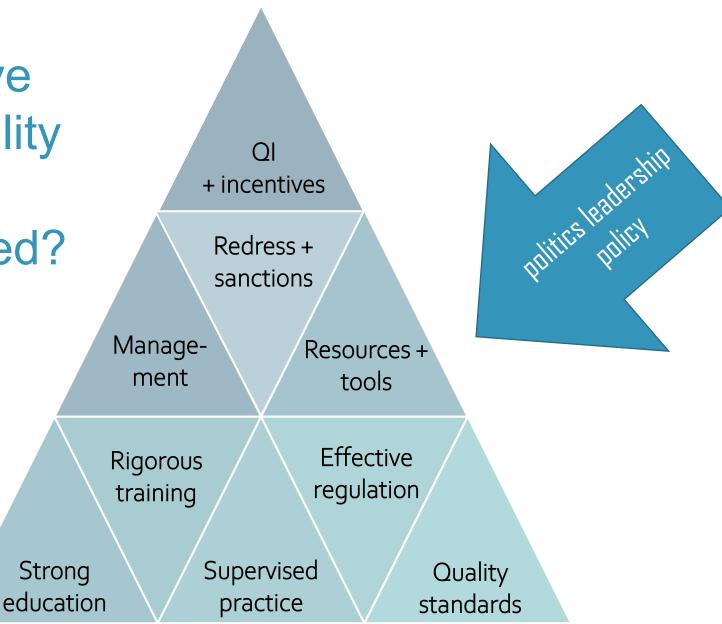
Facility-level
Behavior change
Short term
Local scale
Project based

#### Macro (structural)

System-level
Foundation change
Long term
Large scale
Nationally led



How have high quality systems developed?







Services and clinics are placed without regard to quality, clinical needs, or user preferences;

Arrange system to maximize quality

Four struct

reforms for high quality health systems

Redesign service delivery

User input should be used to improve services:

People overrate quality;

Empower users to demand more

Ignite demand

Modernize education

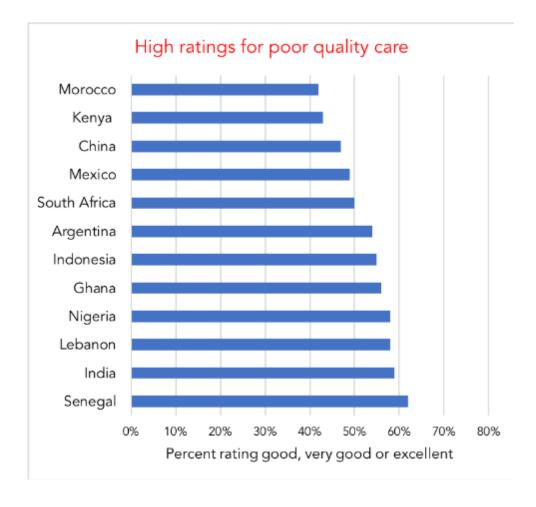
In-service education does not work, preservice training models are out of date; Move to competency-based, problemsolving, teamwork and patient focused Govern for quality

Systems lack coherent vision of quality and accountability; quality efforts super fragmented; Institute simple rules, regulations, consequences, intrinsic motivators; learning systems

clinical training

# People need information and power to influence change

(Anthony) is a 45-year old man with high blood pressure who needs a regular check up. At the health facility the nurse does greet him and introduce herself and change his medication. She does not ask about his symptoms or check his blood pressure.





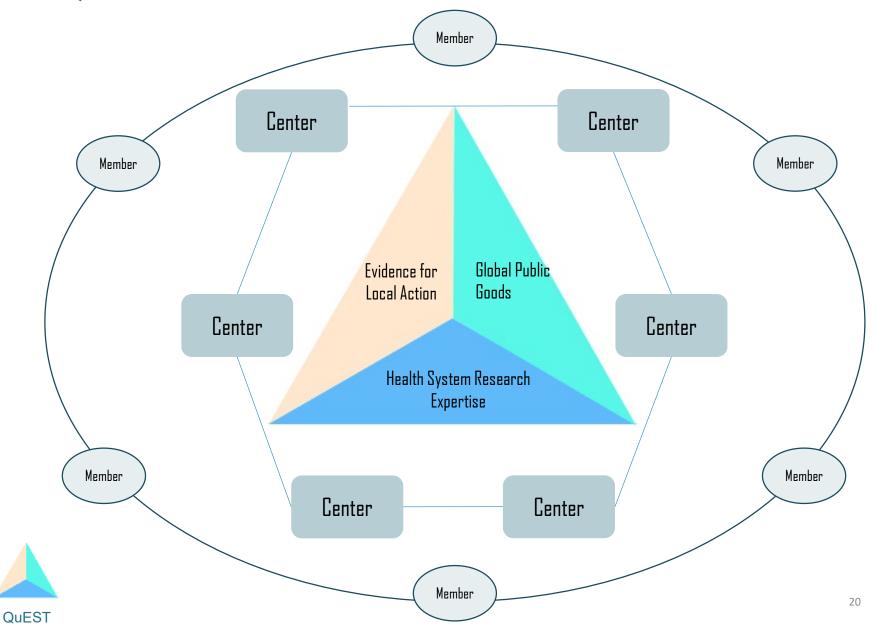
# Quality Evidence for Health System Transformation (QuEST) Centers and Network

Build the evidence base to support transformation to high quality health systems by improving measurement, testing solutions, and creating generalizable knowledge in partnership with change makers in low- and middle-income countries



questnetwork.org @questglobalnet

### QuEST structure



#### QuEST Phase One research

#### Measurement

- 1. People's Voice Survey
  - Rapid assessment of health system performance from perspective of the population
- 2. e-Cohorts for system competence
  - Measure health system competence over course of care to identify drop-offs in quality
- 3. Health system resilience during Covid
  - Use routine information systems to extract data on health system management of non-Covid conditions

#### Improvement

- 1. Service delivery redesign
  - Codevelop and evaluate care reorganization models to optimize health outcomes (rather than increasing contacts)



# QuEST principles: doing research differently

- Rigor: high quality evidence for health system transformation
- Partnership: collaboration at all stages of research
- Shared governance: research priorities jointly determined
- Relevance and clarity: results policy relevant
- Opportunity: elevating research and researchefs
- Public goods: all products freely available

