



# Mass drug Administration – When Is It Useful

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#### **MDA** Definition

 "MDA consists in the administration of a full dose of antimalarial treatment, irrespective of the knowledge of symptoms or presence of infection, to an entire population in a given area, except those in whom the medicine is contraindicated." (WHO 2015)

### Objectives of MDA

To rapidly reduce malaria morbidity and mortality

To reduce or interrupt transmission

 To prevent relapses and resulting malaria transmission

#### MDA has been around for a long time!

- Years ago
  - 1930 Italy
  - 1931 Rubber plantation workers in Liberia
  - 1948: Tea plantation in Kenya
  - 1969: Northern Nigeria
- Notably MDA was done in well defined areas and with a concerted effort



Source: www.cdc.org,

#### Draw backs

- Requires a huge financial and logistical effort
- Inconvenience of drug administration
- Potential adverse events of repeated drug administration
- Perception of drug resistance
- Rebound of malaria leading to severe diseases

#### Renewed interest

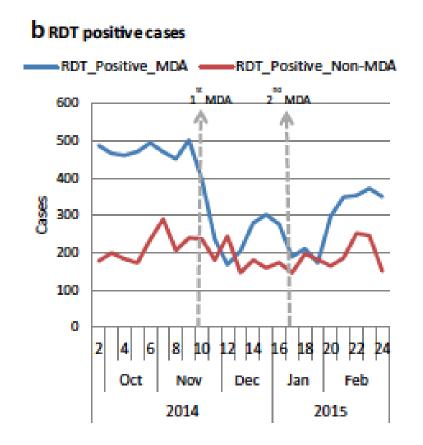
- Renewed interest
  - International efforts towards malaria elimination/control
  - An indication of a reduction in malaria burden with current tools
    - ITN, ACTS, IRS
  - Successful application to other public health diseases -NTDs

#### WHO recommendations, 2015

- Key recommendations
  - WHO does not recommend the use of MDA in situations other than for areas approaching elimination, epidemics, and complex emergencies
- Indeed
  - Great Mekong sub region
  - In West Africa during Ebola outbreak

# MDA in Ebola Outbreak in Sierra Leone -W/ Africa

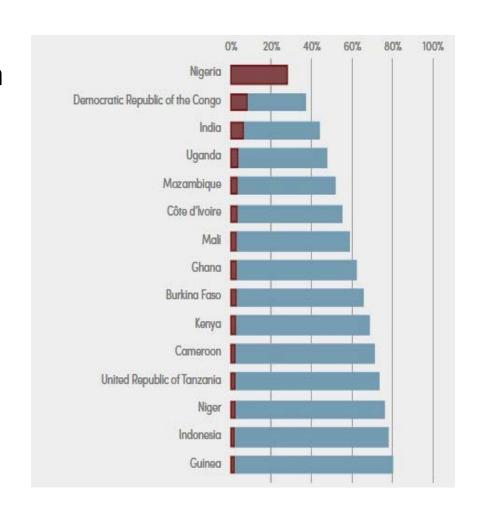
- Weak health system
- High malaria transmission
- Two rounds of MDA distribution of ASAQ
- Target: 2.7 million people
- Significantly reduced RDT positive malaria cases
- Key consideration
  - Sustenance towards elimination
  - Longer acting drug for MDA
  - Strengthening of malaria control structures to reduce transmission



Aregawi et. al. Malar. J. (2016) 15:480

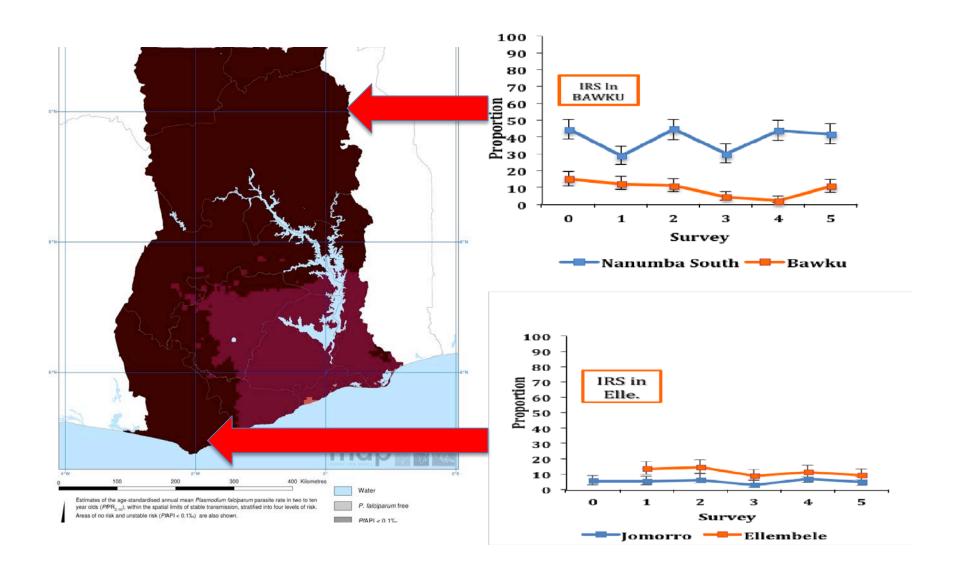
# How useful is MDA in high burden countries

- 15 countries bear about 80% of the worlds malaria morbidity
- Many are located in SSA and do not meet the recommendations for MDA.
- MDA may be an elution as a strategy towards elimination
- An accelerated approach is required to merit the use of MDA

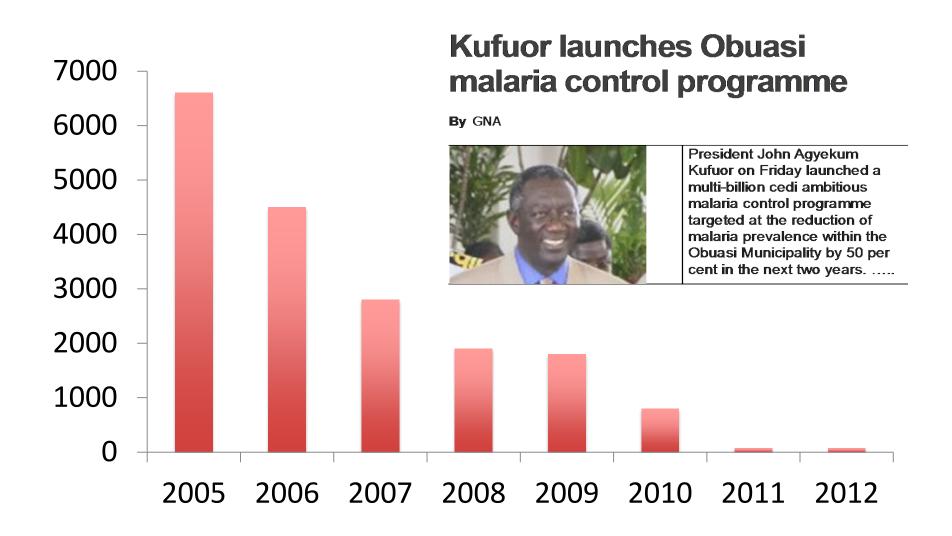


Source: World Malaria Report 2015

#### A focal target for MDA may be useful



#### Anglogold Ashanti, 2005 - 2012



Courtesy of AGAMAL, Obuasi

### Usefulness post MDA

- Most studies have been for a limited period,
   12 months (sometimes up to 10 years)<sup>1,2</sup>
- MDA reduces risk of malaria parasitemia but for a brief period < 6 months</li>

<sup>&</sup>lt;sup>1</sup>Poirot E, et al. Cochrane Database Syst Rev. 2013 Dec 9,

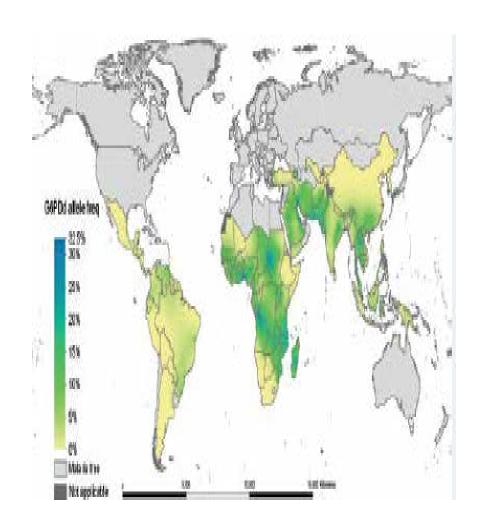
<sup>&</sup>lt;sup>1</sup>Newby et. Al. Am. J. Trop. Med. Hyg., 93(1), 2015

### Usefulness by parasite type

- P. falciparum than on P. vivax are targets for many malaria interventions including MDA
  - MDA may have a greater impact on *P. falciparum* than on *P. vivax* when MDA is administered with same interventions<sup>1</sup>
  - Studies differed in drugs used and study area but did not include 8-aminoquinoline
  - Where 8-aminoquinoline were used, the impact of MDA on P. vivax was similarly high<sup>2</sup>

### Drug choice, safety and delivery

- Characteristics of an appropriate drug
  - Efficacious
  - Long acting
  - Different from first line drug for treatment
  - Preferably single dose
  - Schizonticidal
  - Safety profile
    - Primaquine and G6PD diff.
    - Over 30 million doses given with a good safety profile<sup>1</sup>



### Drug choice, safety and delivery

- Drugs used previously
  - Chloroquine
  - Pyrimethamine
  - Primaquine
  - ASAQ
- Delivery with others drugs/programs
  - Can MDAs programs ride on others such as NTDs (Ivemectin distribution)?
  - Ongoing studies

ASAQ PCR corrected efficacy in Africa, 2009 - 2014



Source: WWARN Explorer (http://www.wwarn.org)

## Surveillance structures for malaria indices

- MDA is useful within an existing malaria surveillance system
- Current technology for data collection and management are located in clinics where they exist
- Community approach is beneficial
  - Individualized data
  - Accessibility to analytics for decision making
  - Increasing penetration of internet connectivity provides an opportunity for this.

## Surveillance structures for malaria indices

 In areas where health workforce is limited, trained licensed chemical shops and community based agents have been used.







#### Does MDA lead to resistance?

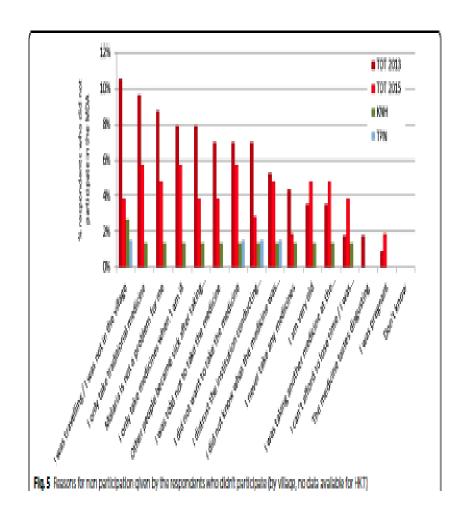
- No clear answers but MDA drug resistance is a major threat to its usefulness.
- Probability of resistance is likely to be higher in situations where parasite density is high and survive over long durations.
  - Need for rapid clearance of parasite load in the community
  - Treatment of clinical cases

#### MDA useful within a ready community

- Usefulness of MDA can be threatened by community dynamics
  - Rumor of a drug related death Mass Deworming
     Program in Ghana
  - Polio vaccination program in Northern Nigeria
- Total commitment by community members during challenges
  - Refusal of last known case of malaria to partake in MDA: individual autonomy vr public good
  - Potential to find a rare AE in a large MDA is high
  - Community fatigue when pre-elimination phase is prolonged

## Acceptability of Malaria MDA in Thai-Myanmar border

- Massive campaign
- Careful effort to explain malaria transmission and pathogenesis
  - drama
  - Posters
- Impact
  - >80% coverage of MDA
  - Knowledge of malaria improved
- Reasons for non response
  - Travelled out
  - Malaria is not a problem
  - Suspicion of adverse events



## What we need to know about MDA usefulness

- MDA with different combinations of drugs
- Drug resistance of drugs for MDA
- Different frequency of MDA at different transmission settings
- At different transmission setting
  - Impact on parasite prevalence, clinical malaria and on transmission
- Cost effectiveness of MDA as an intervention
- Potential impact of MDA with other interventions
   –malaria vaccines

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