

# Swiss TPH

# Lessons learned from COVID-19 for the climate crisis

## Dr. Martina Ragettli

Virtual Event Series session "Climate Change and COVID-19" 3 June 2021

# COVID-19 and climate change are both global health emergencies

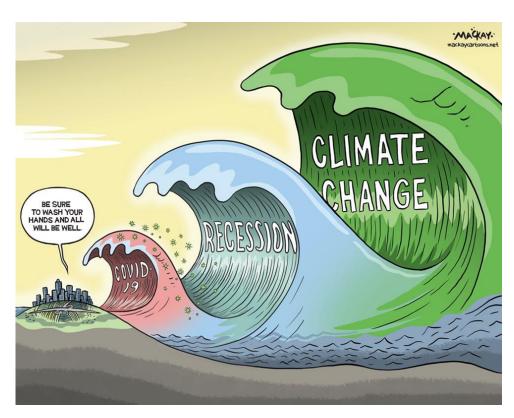
Human health depends on the health of our planet. Intact ecosystems are the foundation of all civilization and human health.



www.swisstph.ch



www.thelancet.com





## Health effects of climate change



Direct

#### Climate Change ◆

Rising temperature Increasing extreme weather events

Changes in rainfall patterns

Rising sea levels



Changes in the ecosystem

Disturbance of societal and economic systems

Heat waves, heat stress	Heat-related illness and deaths, mental health
Extreme events (e.g. storms, floods)	Injuries, deaths, mental health effects

<b>Air</b> (quality)	Cardiovascular diseases, respiratory diseases
Water (quality and quantity)	Infectious diseases, harmful algal blooms
Food (supply and quantity)	Food poisoning, foodborne diseases, undernutrition
Vector diseases (distribution and ecology)	Spred of vector diseases (e.g. malaria, dengue, chikungunya)
Pollen production	Allergic diseases

#### Conflicts, migration, mental health

Watts et al. 2015, Haines et. al 2019



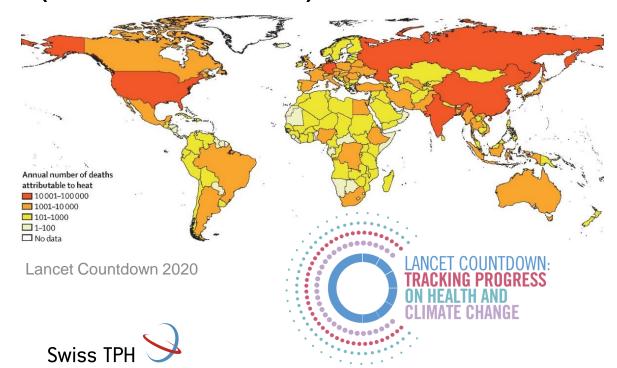
## Lesson 1: No one is immune to a global (health) crisis

## Health effect of climate change worlwide and in Switzerland (1)

Heat waves, heat stress

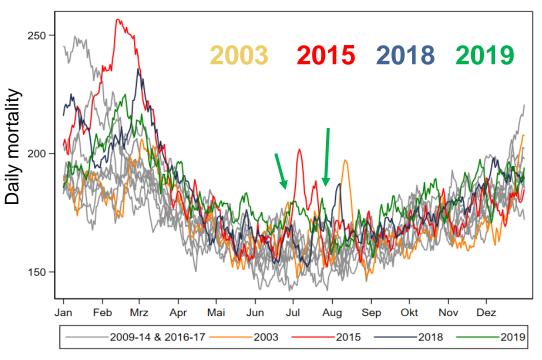
## Globally

From 2000 to 2018, heat-related mortality in people older than 65 years increased by 53.7% (296 000 deaths in 2018).



## Switzerland

#### Heat waves cause additional deaths



Ragettli & Röösli 2021

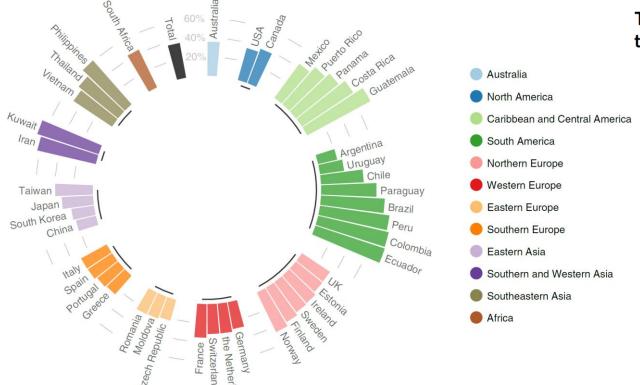
### "More Than a Third of Heat Deaths Are Tied to Climate Change"

(Vicedo-Cabrera et al. 2021)

Proportion of heat-related mortality attributable to human-induced climate change (%)



The burden of heat-related mortality attributable to recent human-induced climate change

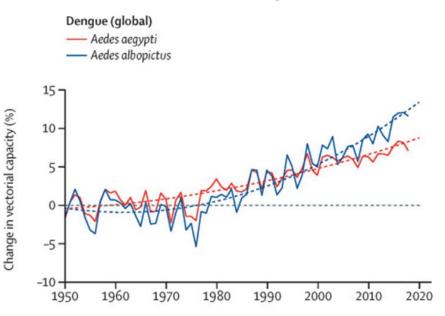


## Health effect of climate change worlwide and in Switzerland (2)

Vector diseases (distribution and ecology)

## Climatic conditions are increasingly suitable for the transmission of numerous infectious diseases

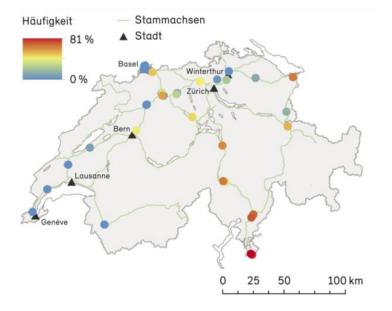
## Globally



Change in climate suitability for dengue

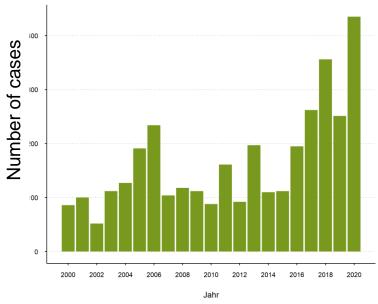
Lancet Countdown 2020

## **Switzerland**



Introduction of Aedes albopictus along the main traffic routes in Switzerland

Müller et al. 2019



Annual cases of Tick-borne encephalitis (TBE) in Switzerland

BAG (2020)



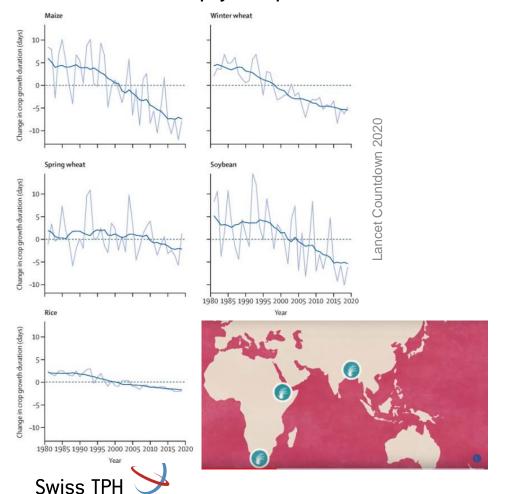
## Health effect of climate change worlwide and in Switzerland (3)

**Food** (supply and quantity)

Pollen production

## Globally

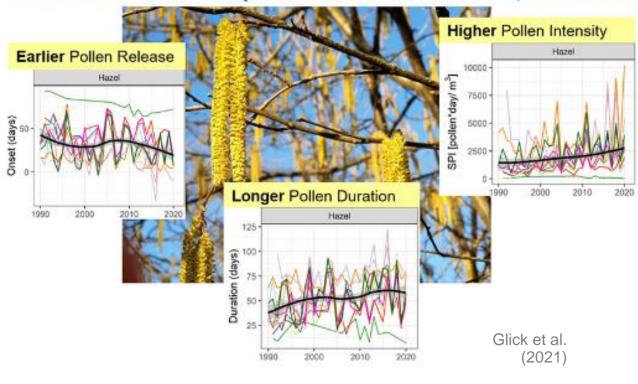
#### Reduction in crop yield potential



## **Switzerland**

Earlier and more intense pollen season

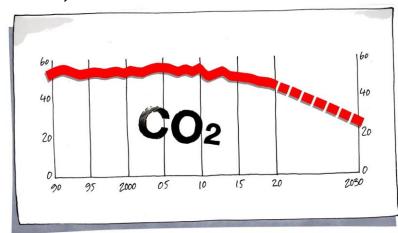
#### National trends for the pollen season: Switzerland, 1990-2020



## Lesson 2: Prevention is better than cure

### **Mitigation**

- Under the Paris Agreement Switzerland aims to cut its emissions by 50% relative to 1990 levels by 2030.
- Net-zero greenhouse emissions by 2050.
- Main basis for emission reduction measures is the CO<sub>2</sub> Act.



Visit: https://www.uvek.admin.ch

#### **Adaptation**

- 2012: Strategy "Adaptation to climate change" from the Federal Council
  - Minimize risks, exploit opportunities and increase the adaptability to climate change
- Action plans 2014-2019 and 2020-2025
  - Measures for various sectors (also health)
- Pilot program adaption to climate change (support of local projects)



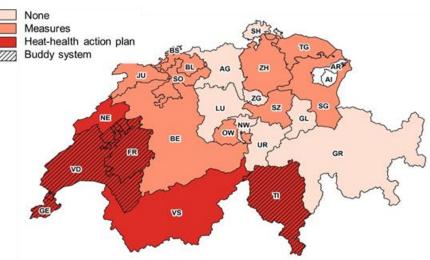


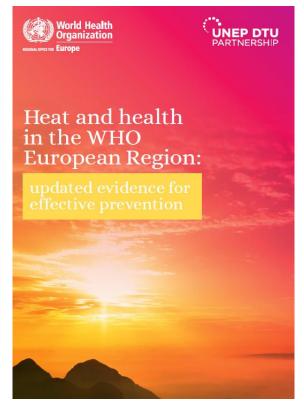


#### Adaptation: Public health measures prevent heat-related deaths



#### Public health policies by Canton 2018







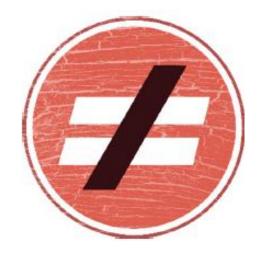
## Lesson 3: Watch out for inequalities

## Climate change and pandemic emergencies do not equally affect nations and social groups within a country

- Climate policy needs to take inequality into account.
- Minimizing social and health inequalities is crucial.

## "As a society, we're only as safe as our most vulnerable people."

Christiana Figueres, previous executive secretary of the UN Framework Convention on Climate Change



## Lesson 4: Find ways to get citizens involved

### Using health to motivate progress to reduce greenhouse gases

- Measures need to be communicated in a way that they inspires broad acceptance by the public.
- Change perceptions and tweak policies to make them more appealing: Actively highlight health co-benefits of climate policies.

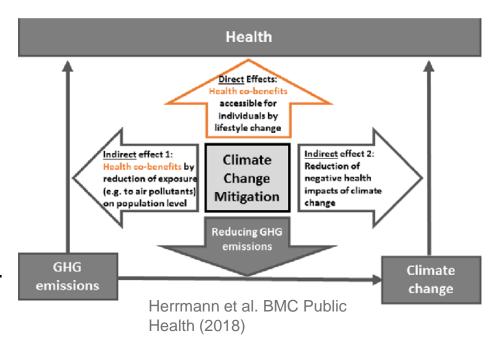
#### **Role of Health professionals**

- Protect their patients' health from climate change.
- Advocate for action toward adaptation & mitigation policies.





(Swiss) Manifest for a healthy future (2020)





Verband Schweizerischer Assistenz- und Oberärztinnen und -ärzte Association suisse des médecins-assistant(e)s et chef(fe)s de clinique Associazione syizzera dei medici assistenti e capiclinica



## Act now, delay is costly

Responding to the converging crisis offers a triple win:

- Preserve our planet
- Protect health
- Promote sustainable economy

See also: Impact story Swiss TPH: «A triple win awaits»





## Acknowledgements

Prof. Dr. Martin Röösli



Thank you for your attention!

Martina.Ragettli@swisstph.ch

#### **Inspiration:**

Klenert et al. 2020 Manzanedo et al. 2020 Lancet Countdown report 2020 Milner et al. 2020 Perkins et al. 2021