

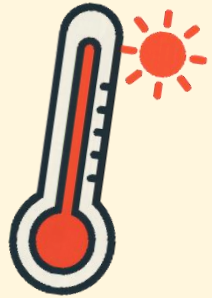
How do you experience hot summer days?

Study on Heat and Health in Switzerland

How does hot summer weather influence your health and well-being in everyday life?

How do you protect yourself—and what would help you cope better with the heat?

That is exactly what the **CCHeSS study*** by the **Swiss Tropical and Public Health Institute (Swiss TPH)** aims to find out.



Here is why it is worthwhile to participate:

- ✓ You help us better understand the health impacts of heat in Switzerland
- ✓ You will contribute to the development of future heat prevention measures
- ✓ You will gain a better understanding of how heat influences your own well-being
- ✓ You will receive a regular study newsletter with initial findings and interesting facts about heat
- ✓ If you are interested, you will have the opportunity to participate in workshops on heat and health

What does your participation entail?

- You will fill out short online surveys conveniently on your smartphone, tablet, or computer
- Time commitment: approx. 2–3 hours per year, spread across several short surveys
- Study duration: March/April through September in 2026 and 2027
- Your data will be treated confidentially

You are eligible to participate if you:

- are between 55 and 85 years old
- live in a private household
- speak German, French, Italian, or English



More information about the study and registration

Curious? Scan the QR code or enter « https://bit.ly/cchess_study » into your web browser to go to the non-binding registration page with detailed study information.

Contact us if you have any questions—we are happy to help:

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Participation is voluntary and may be withdrawn at any time.



Your contribution matters. Together, we are making Switzerland more heat-resilient.

Thank you for your support!